

People Who Have Most Influenced Me

Adapted from the IDRA Valued Youth Partnership Tutor Workbook



Subject

All



Grade Level

Elementary



Time

45 minutes



Objectives

Have students reflect on qualities in people who have most influenced them.



Activities

Step 1: Read through the directions on “People Who Have Influenced Me” with the students.

Step 2: Describe what the class should do by using an example of someone who has influenced you and what he or she did that influenced you.

Step 3: Allow the students time to complete their activity sheet.

Step 4: Have each student share the qualities they listed to signify those making the biggest positive difference in their life. Write these on the white board or on a flip chart. If a quality is listed more than once, put a checkmark beside the originally recorded quality.

Step 5: If you have time, have the students do second round of sharing. It is possible that a student may list someone who has had a negative impact on their life. Although our main focus will be on attributes we would want to display, this will also give an opportunity to discuss qualities to avoid.



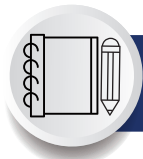
Discussion

Discuss any patterns that emerge. Have students reflect by answering the question at the bottom of their activity sheet. Have them write out a commitment statement. If time allows, let them share their answers with the class.



Suggestions

Have students keep these activity sheets in their binder and have them review quarterly so they can do some self-evaluation on how well they kept their commitment.



Materials

Student worksheet on Page 2.

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Instructions:

Write the names of the people who have most influenced you and the things about them that made the biggest difference in your life. They can be teachers, relatives, friends, co-workers, etc.

Circle the one thing about each of them that made the biggest difference in your life.

Name _____
1.
2.
3.
4.
5.

Name _____
1.
2.
3.
4.
5.

Name _____
1.
2.
3.
4.
5.

Name _____
1.
2.
3.
4.
5.