America is Me (AIM) provides educators with curricular resources to promote students’ understanding of equity issues central to the development of U.S. history and contemporary society.

- AIM cultivates respect for human diversity.
- AIM equips students to foster healthy intercultural relationships.
- AIM prepares leaders to reshape U.S. society.

AIM lessons develop five critical intercultural skills:

**Solidarity** (Unity Building)
AIM treats conflict between various social groups as a path to solidarity and national unity.

**Social Awareness** (My Impact on Others)
AIM promotes higher levels of personal awareness concerning how individual or group behavior impacts the lives of others.

**Social–Emotional Wellness** (Healthy Self–Concept)
AIM seeks to build a healthy sense of self as a curricular objective.

**Sociocultural Exchange** (Cross–Cultural Communication)
AIM assists students in developing cross cultural understandings and communication skills.

**Social Change** (Difference Making)
AIM helps youth to understand how they can engage to improve their local communities and peer groups.

These skills are transferable across academic content areas and are critical for personal maturation and professional success in a diverse nation.

The AIM framework was developed by Dr. Kelly N. Ferguson and Dr. Marlon C. James, Equality and Equity Group, LLC.

See a collection of AIM lessons on the We All Belong ~ School Resource Hub.

https://idraseen.org/hub/lesson-plans